

Rockland Board of Rabbis
and Rockland Jewish Family Service present

You are
NOT
ALONE



KICK-OFF EVENT: Wednesday, MAY 15, 7:00-9:00PM

May is mental health awareness month

This month the Rockland Board of Rabbis and Rockland Jewish Family Service launch Lo Levad in our synagogues and Jewish institutions. We are dedicated to creating safe and supportive spaces for those who are affected by mental illness.

You are not alone. We welcome you. We are here for you. We will support and educate, we will provide referrals and resources.

Please join us on May 15, 2019 at the JCC as we launch Lo Levad, our Jewish community initiative for mental health awareness.

Mental Health Every Day for Everyone.